



## **ISSA Guidelines – Phase 4**

### **Game criteria for participation for athletes, coaches, and staff**

- Games are allowed in compliance with all IDPH guidelines
- Group sizes should be limited to 50 total participants, coaches, and referees (excludes spectators)
- Social distancing should be maintained before and after games and when allowable during warm-up.
- Players on bench should be spaced out at least 6-feet apart as allowable.
- No pre or post game handshakes.
- No pre-game team walkouts
- Should have a coach or employee monitoring social distancing by spectators.
- Spectators should not exceed 20% of seating capacity.
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- Participants must not have above normal temperature readings. Anyone with a temperature of 100.4°F or above shall not be permitted to remain on site. If practical before participating in the activity, sport organizer should take participants temperature via a touchless thermometer.
- Upon arrival, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If an athlete has any signs or symptoms of COVID19, the athlete should be sent home and instructed to contact his/her healthcare provider as soon as possible.
- Participants should use their own water bottle, towel, hand sanitizer and any other personal hygiene products.
- Coaches must maintain social distancing from all participants.
- All players and 3 coaches should have ISSA ID Cards and have their names listed on the roster for tracing purposes.
- Organization must follow all the Restore Illinois and USASA Return to Play Guidelines.
- Players and spectators should leave the field immediately following the conclusion of the game
- Game times should be spread out with a recommended minimal 30 minutes between matches at a field to allow teams to properly clear before players arrive for next match. Players for any preceding matches should wait in car until all players have left the field.
- Provide adequate field space for social distancing.
- Develop a relationship and a dialogue with local health officials.
- If allowing spectators to watch, create an adequate number of “Family areas”.

### **Players Responsibilities:**

- Take your temperature daily and especially before activities with others.
- Wash hands thoroughly before and after game.
- Bring and use hand sanitizer with you at every game.
- Masks are required to be worn by the players when off the game field.
- Do not touch or share anyone else’s equipment, water, food, or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
- Follow all CDC and IDPH guidelines as well those of your local health authorities.